

Fibrous Dysplasia Support Society

a-z of fundraising ideas

a	<p>Afternoon Tea</p> <p>Air Miles</p> <p>All Day Event</p> <p>Art Exhibition</p> <p>Auction of Promises</p>	<p>Get the kettle on and get baking. Entertain guests with raffles, auctions tombolas and music</p> <p>Raffle off your collection of air miles</p> <p>Ask your local pub, sports club or gym to hold a 24-hour sponsored event (darts, squash, bridge)</p> <p>Stage an exhibition for local artists and charge an entrance fee and commission on sales</p> <p>Ask your friends to do something they would not normally do (hoover, cut their hair, be a 'slave' for a day) and then hold an auction to sell the promises</p>
b	<p>Bad Tie Day</p> <p>Beat the Goalie</p> <p>Big Bike Ride</p> <p>Board Games evening</p> <p>Bring a Pound into Work</p>	<p>Charge your friends and colleagues £1 to come into work wearing their loudest tie. The winner gets a small prize</p> <p>Score a goal and win a prize. Footballers pay to enter</p> <p>Get on your bike to show your support, get fit and raise funds. No matter what your age or ability there's a bike ride out there to suit you!</p> <p>Invite friends over to play Scrabble, Monopoly, Cluedo and more. Charge entrance or a game fee</p> <p>Simply ask colleagues to donate £1 to the organisation you are raising money for. Give them a sheet of information and increase awareness about FD at the same time</p>
c	<p>Car Boot Sale</p> <p>Car Treasure Hunt</p> <p>Cake Sale</p> <p>Charge for Favours</p> <p>Coffee Morning</p> <p>Copper Collection</p>	<p>Get rid of all that unwanted stuff in your cupboards by having a stall at your local boot sale</p> <p>Drive from clue to clue in search of the treasure. Teams pay to enter</p> <p>Always popular whether at school, work or in your local community centre. Get everyone to contribute cakes and sweets and then sell them on</p> <p>Every time someone asks you to do them a favour charge them for it!</p> <p>Get your friends together and hold a coffee morning. It's a great way to catch up on all the gossip!</p> <p>Ask friends to donate their collection of one and two pence pieces</p>
d	<p>Dog Show</p> <p>Dry Cornflakes</p> <p>Dress Down Day</p> <p>Duck Race</p>	<p>Charge proud pet owners to show off their dogs. Ask pet shops to sponsor the event</p> <p>Set up a line of people and bet on who will finish their bowl first!</p> <p>Ideal for the office. Your colleagues pay for the opportunity to come to work in their jeans!</p> <p>Sell numbered plastic ducks and launch them from a bridge. The duck to finish first is the winner</p>
e	<p>Easter Egg Hunt</p> <p>Eating Marathon</p> <p>Egg Rolling Competition</p> <p>E Mail</p> <p>Eyebrows</p>	<p>Always a favourite with the children – and adults too!</p> <p>Get sponsored to stuff your face with as many grapes/baked beans/pies as you can manage!</p> <p>Get those eggs hard boiled and get rolling!</p> <p>E mail all your friends and colleagues to tell them what you are raising money for and ask for donations</p> <p>Get sponsored to shave them off – they'll grow back eventually!</p>

f	Fancy Dress Car Wash Flower Arranging Foreign Coins Fun Day	Ask everyone in your road if you can wash their car for a fee – dressing in a silly costume makes it more fun Make your own silk or dried flower arrangements to sell at a craft fair or have a ‘party’ evening at your home Ask people to give you their leftover coins and change them up into sterling when you have enough Arrange games, stalls, music and side shows at a local hall or sports club
g	Game Show Garage Sale Gardening Gift Aid Golf Day Guide Tours	Host a mock up of ‘Who Wants to be a Millionaire’ or ‘The Weakest Link’ Get rid of all your old belongings Offer your services to family and friends Remember that if you pay tax, you can Gift Aid your donation to make the most of the money. Remind people who sponsor you to do this and watch the funds grow! Organise a charity golf day Take tourists and visitors on locally guided walks and tours
h	Halloween Party Hair Shave Hats On	Another excuse to dress up and act silly! Charge an entrance fee and raise money trick or treating Go bald for a good cause! Wear a silly hat for a day and get sponsored
i	Ice Cream Marathon Ice Skating Ironing It’s a Knockout	How much ice cream can you eat in a minute? Ask people to sponsor you and find out Get people to sponsor you to see how many times you can skate round the rink without falling over Offer your ironing services – at a cost! Re-invent this 80’s show by inviting friends and family to pay to compete in silly games wearing silly costumes
j	Jailbreak Jewellery Making Jumble Sale	Dump teams in the middle of nowhere. With no money or transport see who gets back to base first. Charge entry fees and offer prizes Buy your own beads and get threading. Sell the jewellery at local craft fairs and markets People have a good rummage and it’s a popular fundraiser
k	Karaoke	Organise your own Pop Idol or X Factor. All you need is a machine, a room and a well-stocked bar! Or get a local pub to donate a room for free
l	Learner Driver Left Handed Day Line Dancing Lunch Money Lunchtime Quiz	Get yourself sponsored. Every time you have a lesson and don’t stall the car your sponsors have to put a quid in the box Try doing everything with your left hand for the day You need a caller and plenty of drink! Ask your colleagues to bring in sandwiches for their lunch and donate the money they would have spent on buying their lunch Get teams at work or school to pay to take part
m	Marathons Matched Giving Match the Pet to the Owner Mile of Pennies	Get sponsored for the traditional 26 mile race Ask your company to match whatever your work colleagues raise A good one for fetes or even to do at work. Charge people £1 to match the pet to the owner Make a mile of pennies in your town centre asking shoppers to help

n	Night In New Year Resolutions No Drinking No Smoking	Stay in on a Saturday night and donate what you would have spent going out Ask friends and family to sponsor you to stick to your New Year resolutions Get people to sponsor you to give up drinking for a few weeks Get sponsored for giving up smoking
o	Open Garden Organise	Open your garden to visitors. Sell tickets, plants, vegetables and refreshments Organise a full scale Ball or Garden Party. Hold a Community Fete or Fun Day. If you know a local celebrity get them on board with your plans
p	Pancake Race Parachute Jump Plant Sale Playstation play off Publicity Pub Games Night Publicity appeal	Get flipping on Shrove Tuesday and charge people to enter For daredevils only! Sell donated plants or rent out pitches to other traders Organise a league of players and compete on one game. Charge entrants Remember that getting publicity through local papers and radio will boost your fundraising efforts and maximise your efforts. Stage a championship of traditional pub games such as darts, skittles, cards and dominoes Send a press release to your local press asking for sponsorship from local companies and individuals
q	Quizzes Question of Sport	If your local does not run a pub quiz, set one up. If you charge for entry and snacks it's a no-brainer! All you sports fanatics, make up your own questions and test your friends and family
r	Race Night Raft Race Ramble Recipe Book	Each race is run on a large screen after all bets have been taken. A typical evening consists of eight races. Props and film are supplied by race operators. Some gaming restrictions apply Teams compete to build their own rafts and race them over a set distance Take to the countryside on an organised ramble with a theme (fancy dress, three legged) and charge for entry and refreshments Get local restaurants to donate you a popular recipe and make it into a book to sell
s	Safari Supper Scavenger Hunt Shoe Shine Silver Collection Sit in a Bath Slimming Contest Sponsored Silence Swear Box Swimathon	Go from house to house having a different course at each house. Charge for tickets A variation on a treasure hunt but participants must collect certain things on the route. Teams pay to enter Get down on your knees at your local train station or shopping centre. Ask permission! Ask supporters to donate their loose change collections Get sponsored to sit in a bath of baked beans Arrange with a local slimming club. Participants get sponsored £1 for every pound they lose Mum's the word! Get sponsored to stay silent for as long as you can Put the box in your home, work or the local - £1 for every \$@*£\$! uttered! Get sponsored for every length, mile, minute, hour.....

t	Ten Pin Bowling Thank You Gifts Themed Parties	Bowling alleys often have special rates for big groups and charity evenings We all get those unwanted gifts for our birthdays and Christmas. EBay them and donate the money Whether you're into James Bond, the swinging sixties or Abba get your friends to dress up and pay for the pleasure!
U	Underwear Party University Challenge	One for the adults! Charge guests to come to a party wearing it or charge commission for selling it Collect together teams who attend the same or nearby universities and hold a challenge to see which university comes top
V	Variety Show Vehicle Rally Video Night	Round up your talented friends and charge admission Well organised car and bike shows are great crowd-pullers! Show a recently released film and invite friends and family to come and see it. Charge for sofa space and snacks
W	Waxing Welly Throwing Windscreen Wash Wine Tasting	One for the boys! Get sponsored to wax your legs or chest. Ouch! Fun for every fete and fair. Throwers compete to see whose welly goes the furthest Charge to wash windcreens at a local garage or petrol station. Get permission first Invite a local 'expert' or wine dealer to come along with a few cases and donate some of the proceeds
X	Xmas Party Xmas Hampers	Stock up on all the festive goodies and break with tradition by holding it in July and charging entrance Make up and sell your own Xmas hampers, donating the profit
y	Yard of Ale Yorkshire Pudding Challenge	Challenge yourself and others to a lengthy drinking competition. Charge an entry fee Good old Aunt Bessie! Organise a sweepstake and then see who can eat the most Yorkshire puddings in a given time
Z	Zebedee Look-alike Party Zodiac Evening Zombie Party	For all the Magic Roundabout fans A star-studded fundraiser with your guests being charged for dinner and horoscopes. If you can get a well known astrologer to help you it's guaranteed to be a heaven-sent evening! Scary but fun!

Thank you for supporting FDSS and please send us some photos of your fundraising event for the website!